

Dear Lord and Father of mankind, forgive our foolish ways!
Redeem us in our rightful mind; in purer lives thy service find,
in deeper reverence, praise, in deeper reverence, praise.

In simple trust like theirs who heard, beside the Syrian sea,
the gracious calling of the Lord, let us, like them, without a word,
rise up and follow thee, rise up and follow thee.

O Sabbath rest by Galilee! O calm of hills above,
where Jesus knelt to share with thee the silence of eternity,
interpreted by love! interpreted by love!

Drop thy still dews of quietness, till all our strivings cease;
take from our souls the strain and stress, and let our ordered lives confess the
beauty of thy peace, the beauty of thy peace.

Breathe through the heats of our desire thy coolness and thy balm;
let sense be dumb, let flesh retire; speak through the earthquake, wind and fire, O
still small voice of calm, O still small voice of calm .

OFFERTORY – I, the Lord of sea and sky (Book No 288)

I, the Lord of sea and sky, I have heard my people cry. All who dwell in dark and sin,
my hand will save. I who made the stars of night, I will make their darkness bright.
Who will bear my light to them? Whom shall I send?

*Here I am, Lord. Is it I, Lord? I have heard you calling in the night.
I will go, Lord, if you lead me. I will hold your people in my heart.*

I, the Lord of snow and rain, I have borne my people's pain. I have wept for love of
them. They turn away. I will break their hearts of stone, give them hearts for love
alone. I will speak my word to them. Whom shall I send?

I, the Lord of wind and flame, I will tend the poor and lame. I will set a feast for them.
My hand will save. Finest bread I will provide till their hearts be satisfied.
I will give my life to them. Whom shall I send?

HOLY COMMUNION – Do not be afraid (Book no 147)

*Do not be afraid, for I have redeemed you.
I have called you by your name; you are mine.*

When you walk through the waters I'll be with you, you will never sink beneath the