

# ST. FRANCIS CATHOLIC PARISH NEWSLETTER

**16<sup>th</sup> May 2021 Seventh Sunday of Easter (B)**

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**Parish Priest:** Fr. Liam Gallagher

**Assistant Priests:** Fr. Damian Esene, Fr Simon Peter Lubuulwa

**Deacon:** Rev. Ian Black

**Parish Office hours:** 10am – 12 noon Tuesday and Friday (email or telephone only)

## Catholic Schools

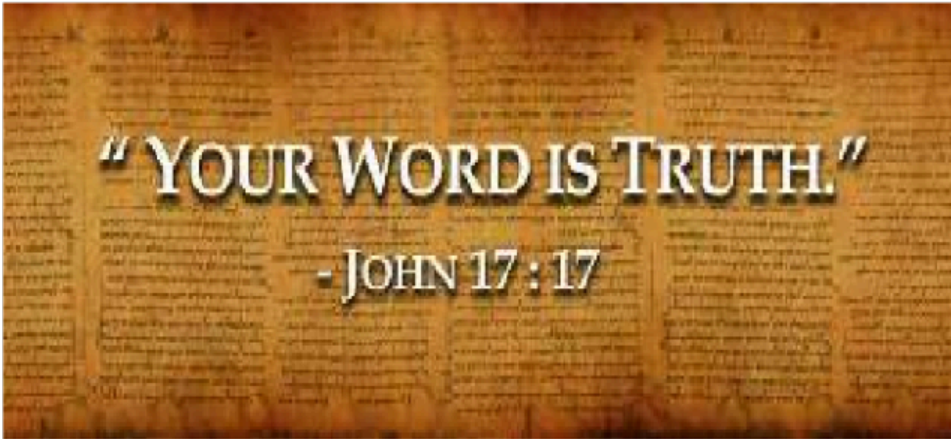
St Francis Primary School: Queen's Road, Maidstone, ME16 0LB

01622 771540

St Simon Stock Secondary School: Oakwood Park, Maidstone, ME16 0JP

01622 754551

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**"YOUR WORD IS TRUTH."**  
**- JOHN 17 : 17**

There is so much around us to influence us but there is only one truth that we must focus our attention on - Jesus Christ, who is the Word of God. Scripture is used frequently for reference and quotation but we are encouraged to use it more within our prayer life. To pray over a particular passage and allow God to speak to you through it. A form of prayer that is growing in popularity is called 'Lectio Divina' - Sacred Reading. This involves reading a passage of Scripture of your choosing, even one you think you have heard many times, but allowing God to speak to you in silent prayer and revealing more to you than you already think you know. The process is of four stages: reading the passage; meditating on the passage; praying with the passage; contemplating, which is just being still and allowing the spirit of God to move you. Clear your mind of all that obstructs you from hearing the truth, no matter how challenging that can be, for the Word is Truth and the Truth shall set you free.