

Second Sunday of Advent – Year B

1. On Jordan's bank the Baptist's cry
announces that the Lord is nigh;
come then and hearken, for he brings
glad tidings of the King of kings.
2. Then cleansed be every Christian breast,
and furnished for so great a guest!
Yea, let us each our hearts prepare
for Christ to come and enter there.
3. For thou art our Salvation, Lord,
our refuge and our great reward;
without thy grace our souls must fade,
and wither like a flower decayed.
4. Stretch forth thy hand to heal our sore,
and make us rise, to fall no more;
once more upon thy people shine,
and fill the world with love divine.
5. All praise, eternal Son, to thee
whose advent sets thy people free,
whom, with the Father, we adore,
and Holy Ghost, for evermore.

Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.